

Oxford University Summer School for Medical Humanities at Green Templeton College



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At the Faculty of English: Chris Bayliss

Sunday 22 July

Arrival!

Accommodation is provided at St Antony's College, 62 Woodstock Road, OX2 6JF.

Check-in is 4pm onwards (If you arrive earlier you can leave your luggage at the Lodge; if your room is ready before 4pm you are welcome to settle in)

A welcome desk is provided with the summer school directors at St Antony's from 4pm-6pm.

Dinner for residential students and anyone else who has requested it is provided from 7pm-8pm (self-service) in the Dining Hall at St Antony's. *This time of 7pm is for tonight only*; for all other evenings, dinner is held here from 6pm -7pm.

On Friday evening there will be a farewell banquet in Green Templeton College (instead of dinner at St Antony's).

Sunday evening

6.00-6.45pm: School students only (meet at 5:50 for session-start at 6pm) There will be a special orientation session for sixth-form students only (residential and non-residential) at 6pm. (Please meet at the Welcome desk at St Antony's at **5:50pm**.) This session will be held across the road in Green Templeton College (63 Woodstock Road) in the Barclay Room—we will take you there from St Antony's.

Preparation for Monday

Read:

Andrew Papanikitas. "We." *Journal of the Royal Society of Medicine* 100.9 (2007): 436–437. Available online:

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1963398/

Day 1: Communication Monday 23 July

(Breakfast at St Antony's, 8am-9am, in the Dining Hall)

Then walk to Green Templeton College, E. P. Abraham lecture theatre. All sessions will be held here unless indicated otherwise

9:15-10:15am

Welcome remarks

Who we are

What the week looks like and why

What is medical humanities? Interdisciplinarity? Multidisciplinarity?

10:15-10:45am

Session 1: Observation

Dr David Jeffrey

10:45-11:15am

Coffee break: The Old Stables Bar

11:15am-12:45pm

Session 2: Language

Professor Simon Horobin: Metaphor and euphemism

Professor Dariusz Galasinski: Language and authority: how pronouns work

12:45-2:00pm

Lunch break (The Old Stables Bar)

2:00-3:30pm

Session 3: Talking to patients

(conversation, examples, role play with Professor Peter Friend and Dr Andrew Schuman and actor-academic Archie Cornish)

3:30-4:00pm

Tea break (The Old Stables Bar)

4.00-4:45pm

Session 4: The waiting room

Professor Sophie Ratcliffe

4:45-5:15pm

Round up

6:00-7:00pm: Dinner for residential students, non-residential students, and anyone else who has requested it is provided at St Antony's (self-service) in the Dining Hall.

Evening

8:00pm Optional film screening of Wit in E P Abraham lecture theatre at GTC

Preparation for Tuesday

For session 6:

Read: Virginia Woolf, 'On being ill' (provided)

For session 8:

Danny Abse, 'In the theatre' (provided)

Glenn Colquhon, 'Today I do not want to be a doctor' (provided)

Both poems are also available online; there is also an online version of Abse introducing and reading his poem

Preparation for Tuesday (optional)

 $\frac{https://www.theguardian.com/books/2016/apr/22/literature-about-medicine-may-be-all-that-can-save-us}{be-all-that-can-save-us}$

Day 2: Communication; Mental health Tuesday 24 July

(Breakfast at St Antony's, 8:00-9:00am, in the Dining Hall)

9:15-10:45am

Session 5: Historicising pain

Professor Felix Budelmann: Pain in Greek tragedy

Archie Cornish: Wounds and scars in sixteenth-century medical and devotional

literature

TBC: A Clinical Perspective

10:45-11:15am

Coffee (Old Stables Bar)

11:15am-12:15pm

Session 6: Virginia Woolf, "On being ill"

Professor Alexandra Harris

12:15-1:00pm Tour of GTC Observatory and Garden of Physic

1:00-2:00pm

Lunch (Old Stables Bar)

2:00-3:30pm

Session 7: Body space and body language

Theatre workshop: Professor Elisabeth Dutton

3:30-4:00pm

Tea (Old Stables Bar)

4:00-5:15pm

Session 8: Mental health

Professor Femi Oyebode: 'Jealous mistress: medicine and poetry'

Dr Richard Lawes: bipolar illness in literature

5:15-5:30pm

(Not much time for) round up (but we'll manage!)

6:00-7:00pm

Dinner for residential students and anyone else who has requested dinner at St Antony's (self-service) in the Dining Hall.

Evening

8:00pm

Optional film screening of *The Constant Gardener* in E P Abraham lecture theatre at GTC

(Running time: 2 hours, 9 minutes)

Preparation for Wednesday:

For session 9:

Read Dominic Wilkinson and Julian Savulescu, 'Hard lessons: learning from the Charlie Gard case', *JME Online First*, August 28, 2017 (pdf provided)

For session 12:

Read extract from Annemarie Mol, *The logic of care: health and the problem of patient choice* (2008; pdf provided). Read the prologue and Chapter 1; if you get hooked, you can also read chapter 2...)

Day 3: Ethics and anthropology Wednesday, 25 July

Session 9

9:15-10:45am

Dr Stephanie Johnson: "What is ethics?"

10:45-11:15am

Coffee break (Old Stables Bar)

11:15am-12: 45pm

Session 10: Ethics and treatments

Dr Jonathan Pugh: 'Deep brain stimulation and the ethics of personality change'

Professor Peter Friend: 'Ethical challenges in transplantation'

12:45-2:00pm

Lunch (Old Stables Bar)

2:00-2:30pm

Session 11: Multiple efficacies: Medical anthropological approaches

Professor Elisabeth Hsu

2:30-3:30pm

Session 12: 'Mindfulness and compassion – towards a "logic of care"

Dr Kitty Wheater

3:30-4:00pm

Tea (Old Stables Bar)

4:00-5:30pm

Session 13: Mind and body

Introduction to mindfulness plus practical session

Dr Kitty Wheater

No roundup (we will all be too relaxed)

Evening

8:00pm

Optional film screening of *Miss Evers' Boys* (running time: 1 hour, 58 minutes)

Preparation for Thursday:

For session 17:

Read: William Carlos Williams, 'The Use of Force' in *The Doctor Stories* ed.

Robert Coles (New York: New Directions, 1984), pp. 56-60 (provided)

Day 4: Managing healthcare and the effects of an ageing population Thursday, 26 July

9:15-10:15am

Session 14

Does healthcare need management?

Dr Paul Brankin

Dr Anant Jani

10:15-11:00am

Professor Helen Small: Gender and age

11:00-11:30

Coffee (Old Stables Bar)

11:30-1:00pm

Session 15

Professor Bill Fulford and Professor Ashok Handa: Shared decision-making and individual values

1:00-2:00pm

Lunch (Old Stables Bar)

2:00-2:30pm

Transit to Magdalen College

(Pedestrian escort)

2:30-3:00pm

Tour of Magdalen College buildings and grounds

3:00-4:30pm

Session 16

Mr Daryl Green: Early modern medical books in Magdalen College's Old Library (Location: Summer Common Room and Old Library, Magdalen College)

4.30-5:00pm

Tea (Summer Common Room, Magdalen College)

Tea will effortlessly overlap with/glide into session 17:

5:00-5:30pm

Session 17: Deromanticizing the doctor

Professor Laurie Maguire

William Carlos Williams, 'On the Use of Force'

(Location: Summer Common Room, Magdalen College)

5:30-6:00pm

Transit (pedestrian escort) to St Antony's for dinner at 6:00pm-7:00pm

Evening

7:30-8:15pm

Special session for school students: how to write a personal statement for a UCAS form

Location: Barclay Room, Green Templeton College

8:30pm

Optional film screening of Almodovar film

Preparation for Friday:

For session 20:

Frances Burney, 'Journal Letter to Esther Burney 22 March-June 1812', *Journals and Letters*, ed. by Peter Sabor and Lars E Triode (London: Penguin, 2001), pp. 431-444 (pdf attached and printout provided)

Day 5: Emotion and empathy Friday 27 July

9:15-10:00am

Session 18

Professor Trish Greenhalgh: The wounded healer: a doctor talks about her cancer.

10:00-10:45am

Session 19

Professor Robert Douglas-Fairhurst: Pain and empathy

10:45-11:15am

Coffee (Old Stables Bar)

11:15am-12:45pm

Session 20: Feeling

Professor Joshua Hordern: Compassion

Professor Bob Arnott: Anaesthetics

12:45-2:00pm

Lunch (Old Stables Bar)

2:00-3:30pm

Session 20: The body

Professor Henk Giele: Aesthetics and plastic surgery

Dr Alison Stenton: Putting the body into words: Fanny Burney's account of her

mastectomy (1812)

3:30-4:00pm

Tea (Old Stables Bar)

4:00-5:00pm

Session 21: Round table – The role of the doctor

Dr Ben Morgan: The early modern doctor

Dr Catharine Benson: The GP today

5:00-5:30pm

Roundup: what is medical humanities?

Certificates and questionnaires

Evening

Farewell banquet at GTC.

Drinks in the Observatory at 7:00pm; dinner at 7:30pm.

(Dress code: fabulous!)

Saturday 28 July

Departure...

Please vacate bedroom and return room keys to the Lodge at St Antony's by 10am.

Thank you for spending the week with us. Have a safe journey home!

Biographies of teaching faculty (in alphabetical order)

Professor Robert Arnott



Before retirement, Robert (Bob) was Professor of the History and Archaeology of Medicine, Director of the Centre for the History of Medicine and Public Orator of the University of Birmingham. Since then he has continued to teach and research in the University of Oxford, attached to the Medical School and at Green Templeton College. Although a specialist in medicine in the ancient world, he has published on the history of anaesthesia and endocrinology and also has taken an interest in medical

humanities, having been one of the founders and first Treasurer of the Association for Medical Humanities.

Dr Catharine Benson



Catharine is a GP Partner at 27 Beaumont Street, with special interests in all aspects of women's medicine, adolescent and child health, respiratory medicine and palliative care. In addition, she works as a Speciality Doctor in Sexual Health, as an out-of-hours GP, as the Clinical Supervisor for F2 junior Doctors attached to the practice, and as a tutor for medical students at the University of Oxford. She is a member of the Local Medical Committee and has a longstanding interest in medical politics.

Paul Brankin



Paul is an Honorary Fellow at Green Templeton College, where he was one of the founders of the Management in Medicine programme and is Chair of the college's Health and Social Care Initiative. He is also an Honorary Fellow of Oxford Brookes University. Paul has many years' experience of working with leaders and managers in the health service. He is an experienced company director with a wide ranging background in both the private and public sectors. After initial training as a research

physicist, Paul worked for Oxford Instruments plc for 25 years from 1974 to 1999. From 1988 to 1995 he was a governor of Oxford Brookes University and in 1991 he was appointed as a non-executive director of Oxfordshire Health Authority, where he served until April 2000.

Professor Felix Budelmann



Felix is Associate Professor of Greek Literature at Oxford University and a Fellow of Magdalen College. He works on Greek literature, in particular lyric and tragedy, and has an interest in approaches drawn from the cognitive sciences. He has published widely on these subjects, including: *The Language of Sophocles: Communality, Communication and Involvement* (Cambridge UP 2000), *The Cambridge Companion to Greek Lyric* (2009), *Choruses, Ancient and Modern* (with

Joshua Billings and Fiona Macintosh, Oxford UP 2013), *Greek Lyric: A Selection* (Cambridge UP 2018) and *Textual Events: Performance and the Lyric in Early Greece* (with Tom Phillips, Oxford UP 2018).

Archie Cornish



Archie completed his BA in English at Oxford and his MPhil at Cambridge (where he won an award for the highest marked dissertation). Archie is currently completing a D Phil at Wadham College, Oxford; his thesis considers the relationship between allegory and space in the poetry of Edmund Spenser, especially *The Faerie Queene*. General interests include the writing of space and architecture, the theory and practice of allegory in the sixteenth century, early modern narrative, and questions of

literary form. He also teaches English Literature at Magdalen College, Oxford.

Professor Robert Douglas-Fairhurst



Robert is Professor of English Literature at Oxford University and a Fellow of Magdalen College. His books include *Becoming Dickens* (2011), which was awarded the 2011 Duff Cooper Prize, and *The Story of Alice: Lewis Carroll and the Secret History of Wonderland* (2015), which was shortlisted for the Costa Book of the Year Award. He has also produced editions of Dickens's Christmas stories, Henry Mayhew's *London Labour and the London Poor*, and Charles Kingsley's *The Water-Babies*; in

2019 he will publish *The Collected Peter Pan* for OUP and the Norton Critical Edition of *A Tale of Two Cities*. He writes regularly for publications including the *Guardian*, *Daily Telegraph*, *Spectator*, *Times*, *Guardian*, and *TLS*, and has also been a columnist for the *Oxford Times*. Recent radio and television appearances include *Start the Week*, *BBC Breakfast*, *The Culture Show*, and several documentaries including *The Secret World of Lewis Carroll* (BBC2). He has also worked as a consultant on BBC adaptations of *Jane Eyre*, *Emma*, *Great Expectations*, and *Dickensian*. In 2013 he was one of the judges for the Man Booker Prize, and in 2015 he was elected a Fellow of the Royal Society of Literature.

Professor Elisabeth Dutton



Elisabeth is an experienced theatre director who has led a number of pioneering projects exploring medieval and early modern plays through professional performance. She currently heads two research projects: EDOX (Early Drama at Oxford), that examines plays written and performed in Oxford colleges, taking archival and performative approaches and staging and filming these little-studied scripts, and the Medieval Convent Drama project, that explores plays written and performed by nuns in medieval and

early modern England, France and Belgium. She has published widely on the dramaturgy and performance of early English plays, and on medieval women's writing. She is currently Professor of Medieval English at the University of Fribourg, Switzerland.

Professor Peter Friend



Peter Friend obtained his medical degree from the University of Cambridge (Magdalene College). He is a Fellow of the Royal College of Surgeons (Eng) and has a doctoral degree (MD) from the University of Cambridge. He is the Professor of Transplantation, University of Oxford and an Honorary Consultant Surgeon at Oxford Universities Hospitals NHS Foundation Trust; he is also Director of the Oxford Transplant

Centre and Fellow of Green Templeton College. He is a specialist in organ transplantation and hepatobiliary surgery. He is author of more than 200 scientific papers. He is a member of the Council of the Royal College of Surgeons and also of the International Transplantation Society. He is a past-president of the British Transplantation Society. He is one of the co-founders of OrganOx, a spin-out company from the University of Oxford, established to develop novel ways to preserve and repair donor transplant organs.

Professor Bill Fulford



Bill (KWM) Fulford is a Fellow of St Catherine's College and Member of the Philosophy Faculty, University of Oxford; Emeritus Professor of Philosophy and Mental Health, University of Warwick Medical School; and Director of the Collaborating Centre for Values-based Practice, St Catherine's College, Oxford (valuesbasedpractice.org). The Centre contributed in an advisory role to the Values-based CAMHS Commission launched by the Royal College of Psychiatrists in

2016. His previous posts include Honorary Consultant Psychiatrist, University of Oxford, and Special Adviser for Values-Based Practice in the Department of Health. His publications include *Moral Theory and Medical Practice*, *The Oxford Textbook of Philosophy and Psychiatry*, and *The Oxford Handbook of Philosophy and Psychiatry*. He is Lead Editor for the Oxford book series *International Perspectives in Philosophy and Psychiatry* and Founder Editor and Chair of the

Advisory Board of the international journal *Philosophy, Psychiatry, & Psychology* (PPP). His *Essential Values-based Practice* (2012), co-authored with Ed Peile, is the launch volume for a new series from Cambridge University Press on values-based medicine.

Professor Dariusz Galasinski



Dariusz is a professor and a linguist working in areas traditionally occupied by psychology. He has recently written on experiences of men's depression and fathers' mental illness. His latest book was a discourse analysis of men's suicide notes.

Daryl Green



Daryl is Librarian at Magdalen College, with oversight of the College's modern circulating library, its historic manuscript and early printed book collection, and the administrative archive and personal paper collection. His main area of academic research is the transition of manuscript to print culture in the 15th century, and has most recently published on the first printed books to arrive in Scotland. He is also co-director of the research and public outreach

project, *Thinking 3D*, which will see over a dozen exhibitions, events, and conferences come to Oxford in 2019 on the theme of communicating three dimensionality via two dimensional media. He has worked for over 10 years as a curator of rare and early printed collections, both in the United Kingdom and the States.

Professor Trish Greenhalgh



Trish is Professor of Primary Care Health Sciences and Fellow of Green Templeton College at the University of Oxford. She studied Medical, Social and Political Sciences at Cambridge and Clinical Medicine at Oxford before training first as a diabetologist and later as an academic general practitioner. She has a doctorate in diabetes care and an MBA in Higher Education Management. She now leads a programme of research at the interface between the social sciences

and medicine, working across primary and secondary care. Trish is the author of over 300 peer-reviewed publications and 16 textbooks. She was awarded the OBE for Services to Medicine by Her Majesty the Queen in 2001 and made a Fellow of the UK Academy of Medical Sciences in 2014. She is also a Fellow of the UK Royal College of Physicians, Royal College of General Practitioners and Faculty of Public Health.

Professor Ashok Handa



Ashok is Associate Professor of Surgery at Oxford University and Consultant Vascular Surgeon at the John Radcliffe Hospital in Oxford. He is the Director for Surgical Education and responsible for the Undergraduate curriculum in surgery as well as Associate Director of Clinical Studies with responsibility for assessment. He is Co-Director of the Collaborating Centre for values based practice in Health and Social Care based at St Catherine's College, Oxford. He is responsible for education and Research for the

centre. He is Fellow in Clinical Medicine and Tutor for Graduates at St Catherine's College. He is the Principal Investigator for the OxAAA study, investigating the cause of abdominal aortic aneurysms. He is recognised nationally as a surgical educator and is the Training Programme Director for Vascular Surgery for Wessex and Oxford, a member of the Specialist Advisory Committee for Vascular training and the national lead for selection in vascular surgery.

Professor Alexandra Harris



Alex is a Professorial Fellow in English at the University of Birmingham. A literary critic and cultural historian, she is the author of *Romantic Moderns* (Guardian First Book Award, Somerset Maugham Award), *Weatherland* (shortlisted for the Ondaatje Prize and adapted in 10 parts for Radio 4), and an introduction to Virginia Woolf. She writes for the *Guardian* and *Harper's Bazaar*, and is a Fellow of the Royal Society of Literature.

Professor Joshua Hordern



Josh is Associate Professor of Christian Ethics in the Faculty of Theology and Religion at the University of Oxford, a Fellow of Harris Manchester College and an Honorary Lecturer at Oxford University Hospitals NHS Foundation Trust. He leads the Oxford Healthcare Values Partnership

(www.healthcarevalues.ox.ac.uk), serves on the Royal College of Physicians Committee for Ethical Issues in Medicine and collaborates closely with the MRC-funded Stratification in

Colorectal Cancer Consortium. Sole-authored publications include *Political Affections: Civic Participation and Moral Theology* (OUP, 2013), *Compassion in Healthcare: Practical Policy for Civic Life* (OUP, forthcoming 2019) and numerous other research articles and chapters. Coedited collections include *Personalised Medicine: The Promise, The Hype and the Pitfalls* (*The New Bioethics* 2017), *Marketisation Ethics and Healthcare: Policy, Practice and Moral Formation* (Routledge 2018) and *Concepts of Disease: Dysfunction, Responsibility and Sin (Theology*, 2018).

Professor Simon Horobin



Simon is Professor of English Language and Literature at the University of Oxford. He is the author of several books on the English Language, including *Does Spelling Matter?* (OUP, 2013), *How English Became English* (OUP, 2016) and *The English Language: A Very Short Introduction* (OUP, 2018).

Professor Elisabeth Hsu



Elisabeth is Professor in Anthropology at Oxford University and currently course convenor of the master's courses in medical anthropology. Her research interests lie within the fields of medical anthropology, ethnobotany, language and text critical studies. They concern Chinese medicine; the transmission of knowledge and practice; pulse diagnosis; body and personhood; touch, pain, feelings, emotions, and sensory experience.

Professor Anant Jani



Anant is an Honorary Research Fellow in the Nuffield Department of Primary Care Health Sciences at Oxford University. Anant's experience in health care started when working with Sir Muir Gray on the QIPP Right Care programme in the Department of Health. This involved helping localities across England to design and implement high value population-based healthcare systems, including building the first national

system for stroke prevention for patients with Atrial Fibrillation, which was a joint venture with NHS England and Public Health England. Anant is working on value-based healthcare and is interested in understanding and implementing value based healthcare. Before working in healthcare, Anant was a molecular immunologist studying gene regulation and epigenetics in B and T cells. He completed his undergraduate studies at Brandeis University and his doctoral studies at Yale University.

Dr David Jeffrey



David was a GP in Evesham and Course Organiser for twenty years before becoming a consultant in palliative medicine in the 3Counties Cancer Centre, Cheltenham. Latterly he was appointed as Academic Mentor in Dundee Medical School with a remit to improve student support. He has recently completed a phenomenological longitudinal study exploring empathy with

medical students and was awarded a PhD at Edinburgh University this year. His current position is as an Honorary Lecturer in Palliative Medicine at the University of Edinburgh.

Dr Stephanie Johnson



Stephanie is a Researcher in Global Health Bioethics at the Wellcome Centre for Ethics and Humanities, University of Oxford. Her research at the Centre focuses on the practical ethical issues arising in research in genomics and infectious diseases. She works in close collaboration with scientific researchers based at the Big Data Institute and their international partners. Stephanie is a medically-trained bioethicist and health social scientist. Her work combines

empirical research and theoretical analysis. Prior to joining the Centre she worked at the University of Sydney as a researcher and lecturer in clinical and research ethics. Stephanie's interests are in conducting research that aims to help scientists, researchers, policymakers and professionals to make decisions that are morally justifiable and that improve health and the quality of care.

Professor Henk Giele



Henk is a plastic reconstructive surgeon working at Oxford University Hospitals. His main interests are in creating innovative bespoke surgical solutions to difficult diagnostic and reconstructive problems, particularly in the areas of microsurgery, transplant, hand, nerve and lower limb surgery and especially in children. He is the author of the bestselling book not very innovatively titled "Plastic Surgery", which has won no awards but is used by most of the plastic surgery trainees worldwide. He is an NHS clinical

entrepreneur, which means he has a licence to create things for the benefit of the NHS. Henk's main research interests are children's hand anomalies, transplantation, clinical innovation. What he really wants is to inspire people not to accept the "what is current treatment" but go for the "what could be". Plastic surgery is mainly involved with functional and aesthetic reconstruction though inevitably gets almost all publicity from aesthetic and cosmetic considerations or disasters.

[Programme editors' note: we did not want to crop this photo because we loved the tie so much! Hope you can read it!]

Dr Richard Lawes



Richard is a medical doctor and a tutor in English at Oxford University. He is currently the Consultant Psychiatrist at Oxford University Counselling Service and the Consultant Psychiatrist in Eating Disorders for the county of Berkshire. He is also a tutor in English at Regents Park College, Oxford and a member of Oxford University's English Faculty. His career has combined his medical and literary interests. He currently teaches the Twentieth Century, the early Tudor period and

Literary Theory and has research interests in psychological approaches to literary study, early modern autobiography and CS Lewis.

Professor Laurie Maguire



Laurie is Professor of Shakespeare at Oxford University and a Fellow of Magdalen College. She is the author or co-author of nine books on Shakespeare, Renaissance drama, or classical literature, including the bestseller *Where there's a Will there's a Way; or, All I Know in Life I Learned from Shakespeare*. She is a trustee of Shakespeare's Globe, a regular theatre reviewer for the *Times Literary Supplement*, and a member of the Wellcome Trust selection panel for Medical Humanities.

Dr Ben Morgan



Ben Morgan was born and grew up in London. He has both a writing and an academic life and has taught English at a number of colleges at Oxford University, where he also studied. He is particularly interested in the relationship between the arts, human rights and suffering, and is currently completing a book on forms of vulnerability in Shakespeare for Princeton University Press. His wider interests also lie in contemporary literature: he has written on the reception of Shakespeare and the classics by

modern writers such as J. M. Coetzee and Sylvia Plath, as well as lecturing and designing courses on contemporary film, the visual arts, and the representation of violence.

Professor Femi Oyebode



Femi is Professor of Psychiatry, University of Birmingham and Consultant Psychiatrist, National Centre for Mental Health Birmingham. He was Chief Examiner, Royal College of Psychiatrists from 2001-2005 and received the Royal College of Psychiatrists Lifetime Achievement Award for 2016. He is Associate Editor for the *British Journal of Psychiatry*. He has published in excess of 250 original research papers, review articles and book chapters. He is the author of *Mindreadings*:

literature and psychiatry; Madness at the Theatre; and, Sims' Symptoms in the Mind: textbook of descriptive psychopathology (this book has been translated into Italian, Spanish, Portuguese and Estonian)

Dr Jonathan Pugh



Jonathan is a Postdoctoral Research Fellow in Applied Moral Philosophy at The University of Oxford. He is currently leading a Wellcome Trust funded project entitled "The Ethics of Novel Therapeutic Applications of Deep Brain Stimulation". His research interests lie primarily in issues concerning personal autonomy in practical ethics, particularly topics pertaining to informed consent. He has also written on the ethics of human

embryonic stem cell research, criminal justice, human enhancement, and geneediting.

Professor Sophie Ratcliffe



Sophie is a writer, critic and associate professor of English literature at the University of Oxford. She has published on a wide range of writers from the mid-Victorian period up to the present day, and was a judge for the 2018 Wellcome Book Prize. She is a co-founder of the Poetry of Medicine – a series of arts-based educational workshops for NHS clinicians. Her award-winning exhibition Unsilencing the Library is ongoing at

the Compton Verney Art Gallery in Warwickshire. Her current projects include a book about the history of medicine and reading, and a work of creative non-fiction to be published by William Collins in 2019.

Dr Andrew Schuman



Andrew is a GP at 19 Beaumont Street, Oxford, and a Clinical Tutor at the University. He combines his medical work with literary interests, and has been using literature to teach medicine for many years. He is particularly interested in questions of communication and in the real-life complexities of the doctorpatient relationship. In 2012, he co-founded the Poetry

of Medicine, which runs workshops aimed at facilitating the discussion and illumination of the experience of medicine through literary texts. Andrew writes poetry, and was shortlisted for the International Hippocrates Prize for Poetry and Medicine. He also acts as the lead medical consultant for the charity ReLit: The Bibliotherapy Foundation, and co-edited the poetry anthology *Stressed*, *Unstressed: Classic Poems to Ease the Mind* (HarperCollins, 2016). His article on the history of bibliotherapy, written with the academic Jonathan Bate, was published in the *Lancet* in 2016.

Professor Helen Small



Helen is Professor of English Literature and Jonathan and Julia Aisbitt Fellow in English at Pembroke College, Oxford, and Merton Professor elect in English Language and Literature (starting October 2018). She is the author of *The Long Life*, a wide-ranging study of literature and philosophy of ageing, in which she argues that if we want to understand old age, we have to think more fundamentally about what it means to be a person, to have a life, to have (or lead) a good life, to be part of

a just society. Her most recent book, *The Value of the Humanities* (2013), offers a critical examination of the arguments for the public value of the Humanities that have been most influential in the past and still command broad acceptance. She is a member of the advisory board of *Age*, *Culture*, *Humanities: An Interdisciplinary Journal*.

Dr Alison Stenton



Alison is Senior Tutor at Green Templeton College – appointed in May 2018. Previously she was the university Senior Tutor, and before that Director of the Extended Medical Degree Programme, at King's College London. Alison studied for a BA (Newcastle), MA and PhD (King's) in English Literature, specialising in interdisciplinary approaches to

eighteenth-century travel writing. She has been a tutor in Medical Humanities at King's since 2008, teaching modules for medical

students on Madness & Literature, the Body & Film and Critical Approaches to the Body. She has published in the fields of eighteenth-century travel writing, dialogic learning, and personal tutoring. Currently, she is preparing work on pedagogies of personal tutoring as part of a HEFCE-funded student enhancement project with the universities of Sheffield and Portsmouth.

Dr Kitty Wheater



Kitty is an anthropologist, mindfulness practitioner, and writer. She graduated with a First Class degree in History from Oxford in 2010, specialising in the history of medicine in the eighteenth century. After an MPhil in Social Anthropology (Distinction, 2012) she completed a DPhil at Oxford in Anthropology in 2017. Her research, funded by the Economic and Social Research Council, investigated forms of embodiment and self-cultivation among therapeutic mindfulness practitioners

in the United Kingdom. She is now a Postdoctoral Associate in Oxford's Institute of Social and Cultural Anthropology. Kitty is also an Associate in Mindfulness-based Cognitive Therapy at the Oxford University Mindfulness Centre, where she has taught MBCT to students and the general public since 2014.